



Hi Friends,

Hope you're safe and well.

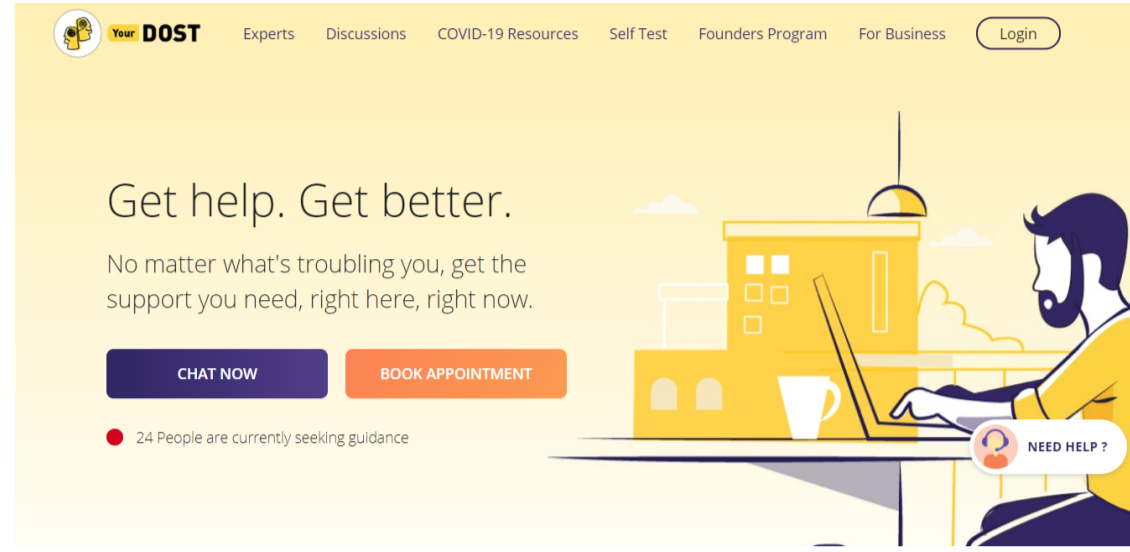
Our journey through life is often riddled with so many questions. Questions about career, relationships, work-life balance, and even ourselves.

In these challenging times, and with so many unsettling questions in mind, would you say that you may be in need of a friend who could give anonymous, unbiased, round-the-clock help? We would like to be that friend and extend our hand of support to you.

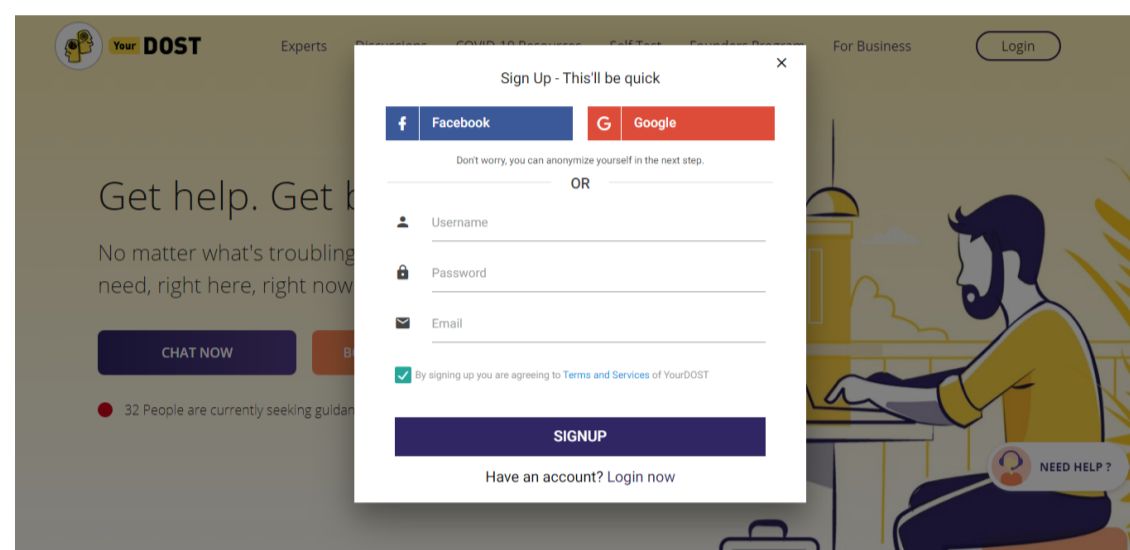
YourDOST, one of India's leading online and emotional wellness platforms, is pleased to join hands with National Law University, Delhi to ensure that you're at your happiest and brightest self all the time!

So how can you go about utilizing YourDOST's services for free as a Student, Staff & Faculty of National Law University, Delhi Here's how:

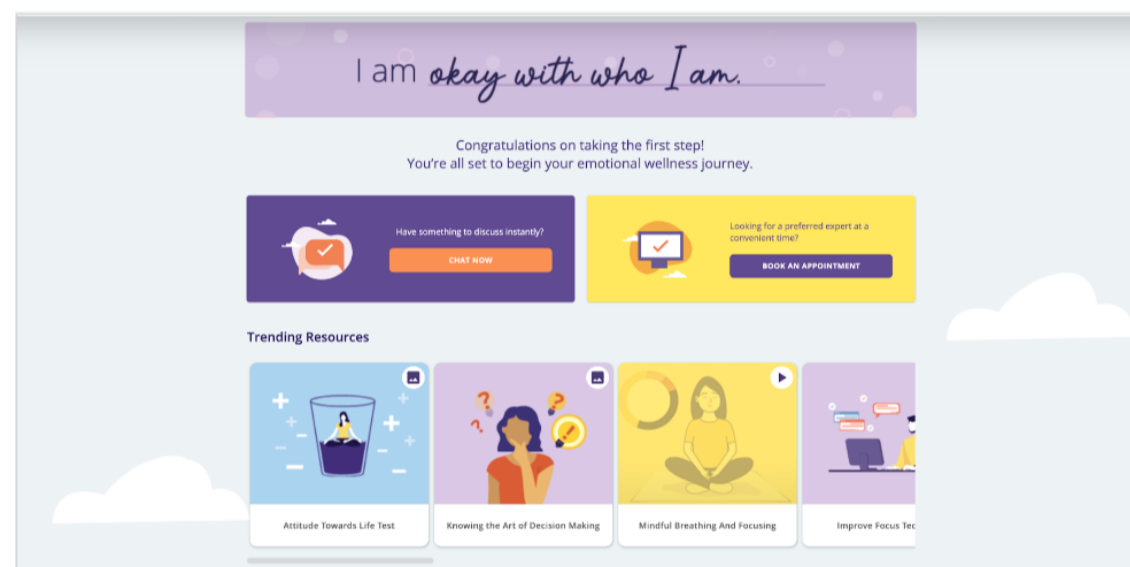
1. Visit www.yourdost.com



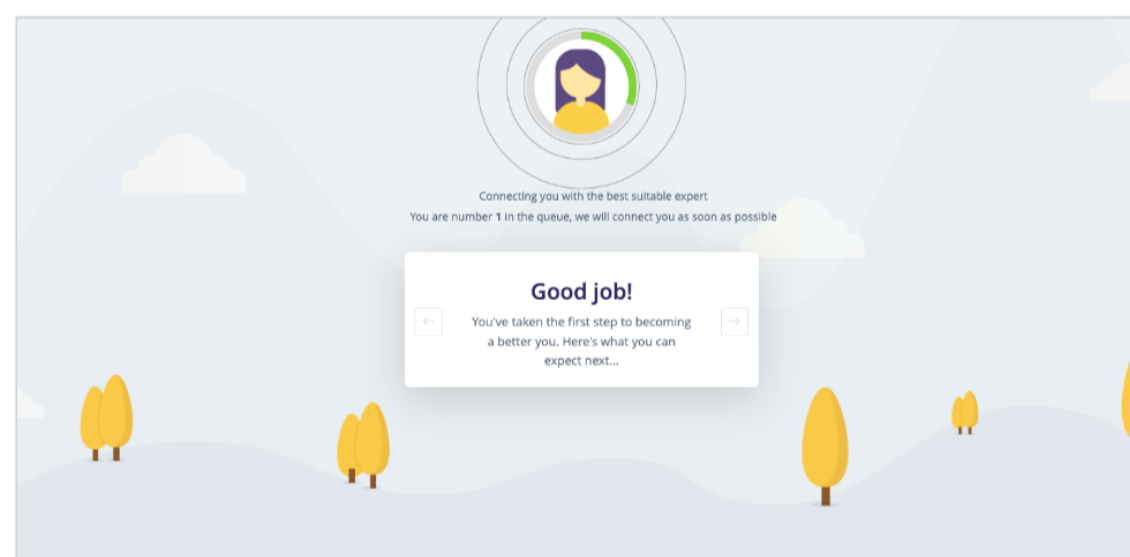
2. Sign up in a jiffy and be on your way to seeking professional guidance in no time. **Important!** - Use your college email id ending with (@nludelhi.ac.in). This will whitelist your account and make sure that you can avail of the services for free.



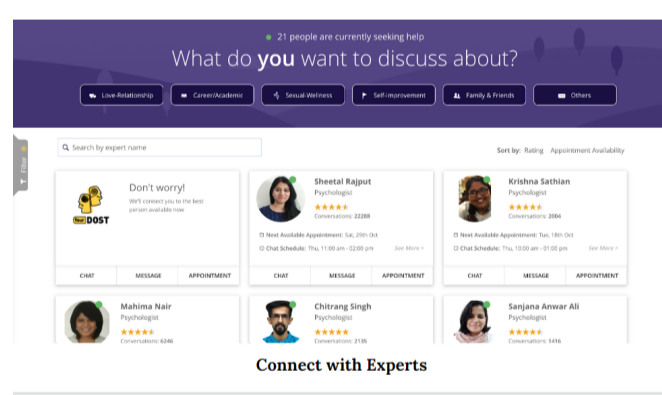
3. After verifying your email address, click "Chat Now" to start chatting with a YourDOST expert.



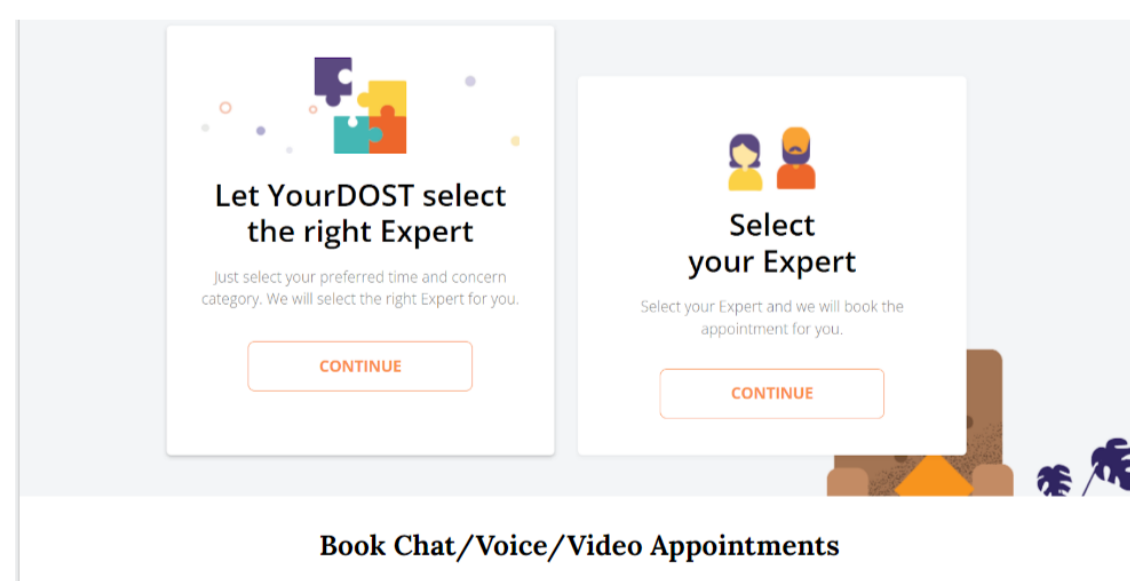
4. That's all! You can now start chatting with a YourDOST Expert anytime you want.



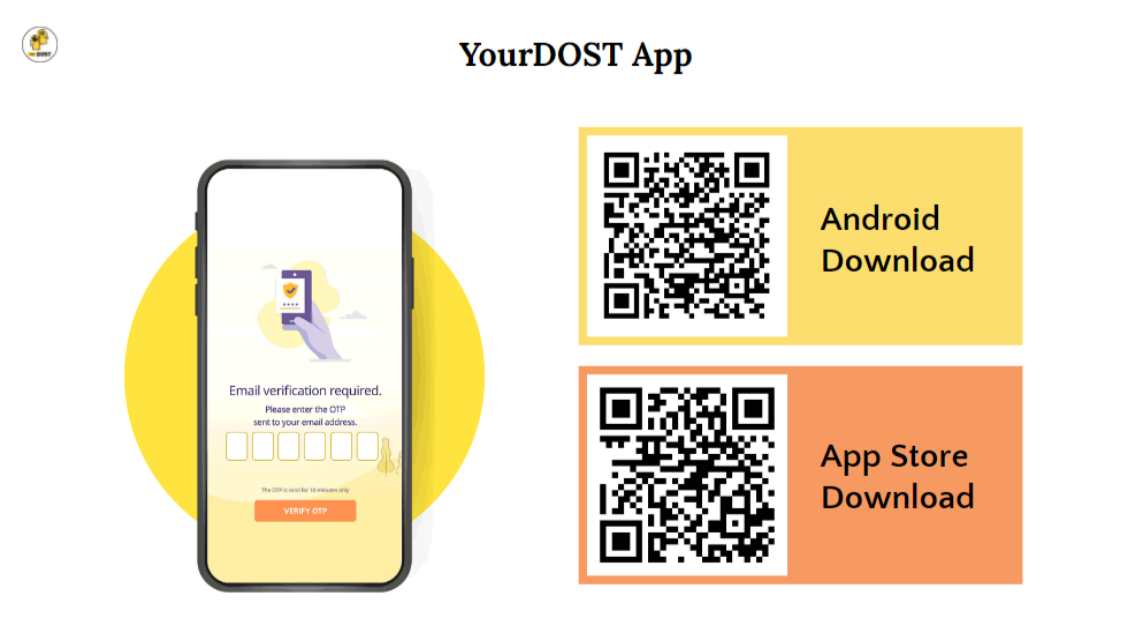
5. You are free to choose categories and select our experts from the sort/filter option available at the top of the screen.



6. Alternatively, click "Book An Appointment" to book an Audio or Video Counseling appointment with a YourDOST Expert of your choice or let us do it for you.



7. You can also download the app by simply scanning it with your Android/iOS device on play store and App Store.



Should you ever feel the need to open up to someone about your concerns, remember help is always just a click away. Here's wishing a happier and healthier future for you.

[CONNECT TO AN EXPERT NOW](#)

If you face any issues while registering, please write to us at campus@yourdost.com.

Standing with you,
Team YourDOST